## OCTOBER 2025

Vestaburg Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
29 APPLE FRUDEL, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) DICED PEAR & FRUIT BAR WHITE OR CHOCOLATE MILK	FRENCH TOAST STICKS, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) APPLESAUCE & FRUIT BAR WHITE OR CHOCOLATE MILK	1 DONUT HOLES, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) PINEAPPLE & FRUIT BAR WHITE OR CHOCOLATE MILK	PIZZA BAGEL, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) DICED PEACHES & FRUIT BAR WHITE OR CHOCOLATE MILK	MINI CINNI, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) MANDARIN ORANGES & FRUIT BAR WHITE OR CHOCOLATE MILK	CURRENTLY, AND LUNCH A ALL STUDENTS VESTABURG S SCHOOL YEA
APPLE FRUDEL, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) DICED PEAR & FRUIT BAR WHITE OR CHOCOLATE MILK	7 FRENCH TOAST STICKS, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) APPLESAUCE & FRUIT BAR WHITE OR CHOCOLATE MILK	8 DONUT HOLES, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) PINEAPPLE & FRUIT BAR WHITE OR CHOCOLATE MILK	9 PIZZA BAGEL, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) DICED PEACHES & FRUIT BAR WHITE OR CHOCOLATE MILK	10 MINI CINNI, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) MANDARIN ORANGES & FRUIT BAR WHITE OR CHOCOL ATE MILK	WE WILL K INFORMED IF CHANGES  ALL MEALS AF WITH OUR FRU
APPLE FRUDEL, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) DICED PEAR & FRUIT BAR WHITE OR CHOCOLATE MILK	14 FRENCH TOAST STICKS, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) APPLESAUCE & FRUIT BAR WHITE OR CHOCOLATE MILK	1:00 PM RELEASE DONUT HOLES, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) PINEAPPLE & FRUIT BAR WHITE OR CHOCOLATE MILK	160 PM RELEASE PIZZA BAGEL, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) DICED PEACHES & FRUIT BAR WHITE OR CHOCOLATE MILK	NO SCHOOL	A FRUIT AT B  MILK IS AVA PURCHASE FO THOSE BRING
20 APPLE FRUDEL, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) DICED PEAR & FRUIT BAR WHITE OR CHOCOLATE MILK	21 FRENCH TOAST STICKS, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) APPLESAUCE & FRUIT BAR WHITE OR CHOCOLATE MILK	22 1:00 PM RELEASE DONUT HOLES, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) PINEAPPLE & FRUIT BAR WHITE OR CHOCOLATE MILK	PIZZA BAGEL, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) DICED PEACHES & FRUIT BAR WHITE OR CHOCOLATE MILK	MINI CINNI, 24 BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) MANDARIN ORANGES & FRUIT BAR WHITE OR CHOCOLATE MILK	MENU IS SU CHANGE WITH  ANY QUES CONCERNS PL LAURA K LKIMBELL@V OR C
27 APPLE FRUDEL, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) DICED PEAR & FRUIT BAR WHITE OR CHOCOLATE MILK	28 FRENCH TOAST STICKS, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) APPLESAUCE & FRUIT BAR WHITE OR CHOCOLATE MILK	29 DONUT HOLES, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) PINEAPPLE & FRUIT BAR WHITE OR CHOCOLATE MILK	30 PIZZA BAGEL, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) DICED PEACHES & FRUIT BAR WHITE OR CHOCOLATE MILK	MINI CINNI, BANANA BREAD OR CEREAL CHOICE (TRIX, CINNAMON CHEX, COCOA PUFFS) MANDARIN ORANGES & FRUIT BAR WHITE OR CHOCOLATE MILK	(989)268-535

## ?WS

, BREAKFAST ARE FREE TO S ENROLLED IN **SCHOOL FOR** AR 2025-2026! **KEEP YOU** IF ANYTHING S ON THIS.

ARE OFFERED RUIT BAR DAILY.

ENT MUST TAKE BREAKFAST!

AILABLE TO **FOR \$0.50 FOR** NGING MEALS HOME.

SUBJECT TO THOUT NOTICE.

STIONS OR PLEASE EMAIL **KIMBELL** VCS-K12.NET

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