## OCTOBER 2023

Vestaburg Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 SAUSAGE, EGG & CHEESE BREAKFAST BURRITO OR CEREAL CHOICE DICED PEARS FRUIT BAR WHITE MILK CHOCOLATE MILK	3 FRENCH TOAST STICKS OR CEREAL CHOICE APPLESAUCE FRUIT BAR WHITE MILK CHOCOLATE MILK	4 PANCAKE & SAUSAGE BREAKFAST SANDWICH OR CEREAL CHOICE APPLE SLICES FRUIT BAR WHITE MILK CHOCOLATE MILK	5 MINI CINNI OR CEREAL CHOICE DICED PEACHES FRUIT BAR WHITE MILK CHOCOLATE MILK	6 BLUEBERRY MUFFIN CHEESE STICK OR CEREAL CHOICE MANDARIN ORANGES FRUIT BAR WHITE MILK CHOCOLATE MILK
9 SAUSAGE, EGG & CHEESE BREAKFAST BURRITO OR CEREAL CHOICE DICED PEARS FRUIT BAR WHITE MILK CHOCOLATE MILK	10 FRENCH TOAST STICKS OR CEREAL CHOICE APPLESAUCE FRUIT BAR WHITE MILK CHOCOLATE MILK	11 PANCAKE & SAUSAGE BREAKFAST SANDWICH OR CEREAL CHOICE APPLE SLICES FRUIT BAR WHITE MILK CHOCOLATE MILK	12 MINI CINNI OR CEREAL CHOICE DICED PEACHES FRUIT BAR WHITE MILK CHOCOLATE MILK	NO SCHOOL
16 SAUSAGE, EGG & CHEESE BREAKFAST BURRITO OR CEREAL CHOICE DICED PEARS FRUIT BAR WHITE MILK CHOCOLATE MILK	17 FRENCH TOAST STICKS OR CEREAL CHOICE APPLESAUCE FRUIT BAR WHITE MILK CHOCOLATE MILK	18 PANCAKE & SAUSAGE BREAKFAST SANDWICH OR CEREAL CHOICE APPLE SLICES FRUIT BAR WHITE MILK CHOCOLATE MILK	19 MINI CINNI OR CEREAL CHOICE DICED PEACHES FRUIT BAR WHITE MILK CHOCOLATE MILK	20 BLUEBERRY MUFFIN CHEESE STICK OR CEREAL CHOICE MANDARIN ORANGES FRUIT BAR WHITE MILK
23 SAUSAGE, EGG & CHEESE BREAKFAST BURRITO OR CEREAL CHOICE DICED PEARS FRUIT BAR WHITE MILK CHOCOLATE MILK	24 FRENCH TOAST STICKS OR CEREAL CHOICE APPLESAUCE FRUIT BAR WHITE MILK CHOCOLATE MILK	PANCAKE & SAUSAGE BREAKFAST SANDWICH OR CEREAL CHOICE APPLE SLICES FRUIT BAR WHITE MILK CHOCOLATE MILK	26 MINI CINNI OR CEREAL CHOICE DICED PEACHES FRUIT BAR WHITE MILK CHOCOLATE MILK	27 BLUEBERRY MUFFIN CHEESE STICK OR CEREAL CHOICE MANDARIN ORANGES FRUIT BAR WHITE MILK
30 SAUSAGE, EGG & CHEESE BREAKFAST BURRITO OR CEREAL CHOICE DICED PEARS FRUIT BAR WHITE MILK CHOCOLATE MILK	31 FRENCH TOAST STICKS OR CEREAL CHOICE APPLESAUCE FRUIT BAR WHITE MILK CHOCOLATE MILK	PANCAKE & SAUSAGE BREAKFAST SANDWICH OR CEREAL CHOICE APPLE SLICES FRUIT BAR WHITE MILK CHOCOLATE MILK	MINI CINNI OR CEREAL CHOICE DICED PEACHES FRUIT BAR WHITE MILK CHOCOLATE MILK	3 BLUEBERRY MUFFIN CHEESE STICK OR CEREAL CHOICE MANDARIN ORANGES FRUIT BAR WHITE MILK

## **News**

BREAKFAST AND LUNCH ARE FREE TO ALL STUDENTS ENROLLED IN VESTABURG COMMUNITY SCHOOLS.

ALL MEALS ARE OFFERED WITH OUR FRUIT BAR DAILY.

## EVERY STUDENT MUST TAKE A FRUIT AT BREAKFAST!

MILK IS AVAILABLE TO PURCHASE FOR \$0.50 FOR THOSE BRINGING MEALS FROM HOME.

PLEASE BE PATIENT WITH US AS WE ARE EXPERIENCING SUPPLY CHAIN ISSUES AND ARE TRYING OUR HARDEST TO GET THE ITEMS THAT ARE ON THE MENU.

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.

ANY QUESTIONS OR CONCERNS PLEASE EMAIL LAURA KIMBELL LKIMBELL@VCS-K12.NET OR CALL (989)268-5353 EXT 2195

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