

SEPTEMBER | 2023

Vestaburg Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 MACARONI & CHEESE OR GRILLED CHICKEN ON A BUN BROCCOLI DICED PEACHES WHITE MILK CHOCOLATE MILK	29 CHILI & CORNBREAD OR EGG & CHEESE OMELET BLUEBERRY MUFFIN BABY CARROTS WHOLE APPLE WHITE MILK CHOCOLATE MILK	30 11AM RELEASE NO LUNCH	31 NO SCHOOL DALMAC	1 NO SCHOOL DALMAC
4 NO SCHOOL LABOR DAY	5 GARLIC CHEESE FRENCH BREAD PIZZA OR SLOPPY JOE ON A BUN BROCCOLI BANANA WHITE MILK CHOCOLATE MILK	6 SOFT TACOS WITH MEAT & CHEESE REFRIED BEANS OR MINI CORNDOG NUGGETS BAKED BEANS GRAPES WHITE MILK CHOCOLATE MILK	7 CHICKEN TENDERS OR BEEF MEATBALLS GARLIC BREADSTICK MASHED POTATOES MIXED TROPICAL FRUIT WHITE MILK CHOCOLATE MILK	8 HAMBURGER ON A BUN OR BOSCO STICKS MARINARA CUP COOKED CARROTS APPLE SLICES WHITE MILK CHOCOLATE MILK
11 TERIYAKI BEEF DIPPERS GARLIC BREADSTICK OR CHICKEN NUGGETS FRIED RICE BROCCOLI WHOLE APPLE WHITE MILK CHOCOLATE MILK	12 TACO QUESADILLA REFRIED BEANS OR CHILI & CORN BREAD BAKED BEANS BANANA WHITE MILK CHOCOLATE MILK	13 PANCAKES & SAUSAGE OR HAM AND CHEESE SANDWICH ON A CROISSANT WITH GOLDFISH TATER TOTS GRAPES WHITE MILK CHOCOLATE MILK	14 5 CHEESE LASAGNA ROLL-UP OR EGG & CHEESE OMELET BLUEBERRY MUFFIN GREEN BEANS MIXED TROPICAL FRUIT WHITE MILK CHOCOLATE MILK	15 TACO MEAT & CHEESE TOSTITOS CORN CHIPS SALSA CUP OR PEPPERONI PIZZA RIPPER COOKED CARROTS APPLE SLICES WHITE MILK CHOCOLATE MILK
18 PULLED PORK ON A BUN OR 3 CHEESE CAVATAPPI MAC N' CHEESE CRUNCHY CABBAGE SLAW WHOLE APPLE WHITE MILK CHOCOLATE MILK	19 GARLIC CHEESE FRENCH BREAD PIZZA OR SLOPPY JOE ON A BUN BROCCOLI BANANA WHITE MILK CHOCOLATE MILK	20 SOFT TACOS WITH MEAT & CHEESE REFRIED BEANS OR MINI CORNDOG NUGGETS BAKED BEANS GRAPES WHITE MILK CHOCOLATE MILK	21 CHICKEN TENDERS OR BEEF MEATBALLS GARLIC BREADSTICK MASHED POTATOES MIXED TROPICAL FRUIT WHITE MILK CHOCOLATE MILK	22 TACO MEAT & CHEESE TOSTITOS CORN CHIPS SALSA CUP OR PEPPERONI PIZZA RIPPER COOKED CARROTS APPLE SLICES WHITE MILK CHOCOLATE MILK
25 TERIYAKI BEEF DIPPERS GARLIC BREADSTICK OR CHICKEN NUGGETS FRIED RICE BROCCOLI WHOLE APPLE WHITE MILK CHOCOLATE MILK	26 TACO QUESADILLA REFRIED BEANS OR CHILI & CORN BREAD BAKED BEANS BANANA WHITE MILK CHOCOLATE MILK	27 PANCAKES & SAUSAGE OR HAM AND CHEESE SANDWICH ON A CROISSANT WITH GOLDFISH TATER TOTS GRAPES WHITE MILK CHOCOLATE MILK	28 5 CHEESE LASAGNA ROLL-UP OR EGG & CHEESE OMELET BLUEBERRY MUFFIN GREEN BEANS MIXED TROPICAL FRUIT WHITE MILK CHOCOLATE MILK	29 TACO MEAT & CHEESE TOSTITOS CORN CHIPS SALSA CUP OR PEPPERONI PIZZA RIPPER COOKED CARROTS APPLE SLICES WHITE MILK CHOCOLATE MILK

News

ALL MEALS ARE OFFERED WITH A VEGETABLE AND FRUIT BAR DAILY.

HIGH SCHOOL HAS MORE HOT OPTIONS AND COLD GRAB AND GO OPTIONS DAILY.

MILK IS AVAILABLE TO PURCHASE FOR \$0.50 FOR KIDS BRINGING MEALS FROM HOME.

PLEASE BE PATIENT WITH US AS WE ARE STILL EXPERIENCING SUPPLY CHAIN ISSUES AND ARE TRYING OUR HARDEST TO GET THE ITEMS THAT ARE ON THE MENU.

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.

ANY QUESTIONS OR CONCERNS PLEASE EMAIL LAURA KIMBELL LKIMBELL@VCS-K12.NET OR CALL (989)268-5252 EXT. 2195

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